

## WANT TO DO MORE?

PlayWell and JustAsk are not the only way you can help. Throughout the year Children in Hospital Ireland organises fun and educational events for children, parents and hospital staff - our volunteer's help is always welcome!

## Fun Days

Our volunteers organise special fun days on wards and in outpatient departments, arranging entertainment, games, activities, face painting, goody bags etc.

## Celebration Days

Our volunteers celebrate Christmas and other festivals and holidays by organising poster displays, special promotions and activities for children.

## Group Talks

Our volunteer speakers accept invitations to talk to school students and parent committees about the needs of sick children. (Training provided.)

## Annual Children in Hospital Lecture

Our volunteers carry out "front of house" duties each year at Children in Hospital Ireland's Annual Public Lecture when pre-eminent speakers, with children's interest at heart, can share their knowledge with all of us.

## Research

Our volunteers assist hospital staff with research projects for the benefit of sick children and their families.

## Fundraising

Children in Hospital Ireland's work and these special events and projects need money to operate efficiently. We greatly appreciate the assistance of volunteers in helping to raise funds. Annual fund raising events include the sale of Christmas cards, raffles and the Women's mini-marathon.

Children in Hospital Ireland is proud of its role in making hospital a happy place through the work of its volunteers in hospitals around the country.

- Our Lady's Children's Hospital, Crumlin.
- Children's University Hospital, Temple Street, Dublin.
- National Children's Hospital, Tallaght, Dublin.
- The Royal Victoria Eye and Ear Hospital, Dublin.
- The National Rehabilitation Hospital, Dublin.
- Beaumont Hospital (St Raphael's Ward), Dublin.
- Mid Western Regional Hospital, Limerick.
- Cork University Hospital.
- Mercy Hospital, Cork.
- Wexford General Hospital.
- Our Lady of Lourdes Hospital, Drogheda, Co Louth.
- Mayo General Hospital, Castlebar, Co Mayo.
- Midland Regional Hospital - Mullingar, Tullamore.
- Waterford Regional Hospital.
- University College Hospital, Galway.
- Portiuncula Hospital, Ballinasloe, Galway.

Children in Hospital Ireland,  
Carmichael Centre,  
Coleraine House, Coleraine Street, Dublin 7

Lo call 1890 25 26 82

01 878 0448

info@childreninhospital.ie

www.childreninhospital.ie

CHY No. 6632

*'Making Hospital a Happier Place for children'*



# VOLUNTEER

with

# Children in Hospital Ireland

*'Making Hospital  
a Happier Place for children'*



## VOLUNTEER TRAINING PROGRAMME

Because we place the highest value on the wellbeing of the children with whom we work, all volunteers must participate in our comprehensive training and vetting programme.

### Our Training Programme includes:

- Introduction to the work of Children in Hospital Ireland
- Role / Responsibilities of CHI hospital volunteers
- Theory of play and play in a hospital setting
- Life on the wards and safety and hygiene
- Craft / games sessions

CHI organises training in your local hospital comprising four / five modules of two hours duration. After training, when Garda vetting has been completed and references verified, volunteers will be offered a placement in the hospital of their choice. CHI provides ongoing training relating to sick children and their families. Volunteers who wish to enhance the scope of their work with the organisation are encouraged and supported to acquire new skills.



Being in hospital can be a stressful time for children, especially those under 5 years of age. PlayWell aims to take much of that stress away through the positive benefits of...play.

- PLAYWELL** Brings fun into hospitals
- PLAYWELL** Provides familiar play activities in an unfamiliar setting
- PLAYWELL** Helps children make friends
- PLAYWELL** Distracts children and makes them less nervous
- PLAYWELL** Allows children to work through their fears
- PLAYWELL** Helps children to get better faster

Our trained volunteers organise activities in wards, playrooms and other hospital departments. This makes hospital a happier place for children. PlayWell teams are active in hospitals throughout Ireland and new groups are starting every year.

You can help make a hospital stay...child's play by joining a CHI PlayWell Volunteer Team.



Children, parents and visitors arriving in hospital for the first time find the CHI JustAsk Hospital Help Desk\* of great benefit.

Assistance from CHI JustAsk Volunteer includes:

- Offering a friendly helping hand
- Assisting parents and visitors to the hospital
- Providing information on the hospital and the local area
- Providing information and contact details of chronic illness support groups
- Offering materials to occupy children waiting in OPD and A&E
- Organising special events within the hospital

\* Our JustAsk Help Desk is currently available in Our Lady's Children's Hospital, Crumlin. Our teams of volunteers are available at the Help Desk throughout the day. Each team does a two / three hours shift. Rotas are organised to suit each volunteer's availability. (Training for the JustAsk Help Desk is provided).

## How can you help?

If you are cheerful, caring, over 18 years of age and can give two / three hours once a week contact Children in Hospital Ireland

Lo call: 1890 25 26 82 email: [info@childreninhospital.ie](mailto:info@childreninhospital.ie) web: [www.childreninhospital.ie](http://www.childreninhospital.ie)

