

GOING HOME...

✦ Before leaving the hospital, make sure you know all about your child's after-care.

✦ Write down instructions about food, medicine, etc.

✦ Check the date and time of the follow up visit.

✦ Don't worry if your child is difficult and demanding at home; this will soon pass.

✦ Talk about the hospital experience, but the best cure of all is lots of love.



CHILDREN IN HOSPITAL IRELAND HELPS MAKE HOSPITAL A HAPPIER PLACE FOR CHILDREN BY PROVIDING...

✦ Support and advice for parents.

✦ Substitute for parents unable to visit.

✦ Hospital playgroups.

✦ Lectures for interested groups.

✦ Video, leaflets, and posters.

✦ Information stand.

✦ Wide range of publications, list available on request with s.a.e.

Children in Hospital Ireland,
Carmichael Centre,
Coleraine House, Coleraine Street, Dublin 7
01-878-0448
info@childreninhospital.ie
www.childreninhospital.ie
CHY No. 6632

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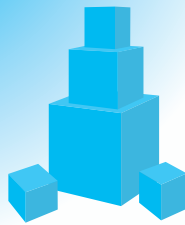


PREPARE YOUR CHILD FOR HOSPITAL



'Making Hospital a Happier Place for Children'

PREPARE YOUR CHILD FOR HOSPITAL...



- ✦ Talk about Hospital as a cheerful place where doctors and nurses help to make people better.
- ✦ Play Doctors and Nurses.
- ✦ Read hospital stories.
- ✦ Reassure your child that you will be there as much as possible, and that he or she will be coming home.
- ✦ Ask your doctor about the treatment to be given.
- ✦ Explain about x-rays, injections, blood tests etc... Tell the truth!



PREPARE YOURSELF...

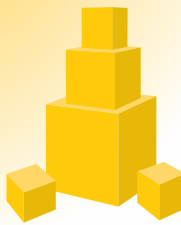
- ✦ Send for the Children in Hospital Ireland Parent Advice Pack.
 - ✦ Find out as much as you can about the hospital- check for its advice leaflet.
- Check:
- ✦ Accommodation.
 - ✦ Use of canteen.
 - ✦ Use of phone.
 - ✦ Any costs involved.
- ✦ Organise relatives and friends to look after the rest of the family.

FOR YOURSELF...

- ✦ Wear light clothes (hospitals are very warm).
- ✦ Bring something to pass the time.
- ✦ Bring coins or cards for the phone.
- ✦ Be considerate of others, don't make noise at night.
- ✦ Don't give any child food or drink, without permission.



IN HOSPITAL...



- ✦ Bring a favourite toy or blanket (no matter how scruffy) & soother or bottle (if used).
- ✦ Tell the nurse special names for food, the potty etc.
- ✦ Cuddle your baby.
- ✦ Play with your toddler.
- ✦ Help with everyday care of your child.
- ✦ Explain what is going to happen during examinations and injections.
- ✦ Your child will need you especially before and after an operation.
- ✦ Reassurance and lots of love is often the most important medicine.
- ✦ Encourage your child to get involved with the other children, and in the hospital playgroup.
- ✦ It is important that you take a break.
- ✦ Always say when you will be back, and return when you say you will.
- ✦ Give the news from home.
- ✦ If you cannot stay all the time, organise friends and relatives to visit.



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